Travel Checklist



CRITICAL DOCUMENTS	FIRST AID
☐ Passport (plus 1 copy)	Pain Reliever
Passport photographs (6)	Eye drops
Visas	Cotton swabs
Immunization info/Certificate	Bandages
of vaccinations	☐ Antiseptic
Cash	Antihistamine pills
Credit cards	☐ Anti-diarrheal pills
Identification	
☐ Emergency contact info	Tampons
Travel Tickets	Contraceptive pill
Travel Confirmation	☐ Anti-Malaria Medication (if applicable)
☐ Travel Guides	т аррисавсел
☐ Travel Insurance	
☐ Copies of all your travel	
documentation	TRAVEL MUST-HAVES
	Luggage
	Day bag
CLOTHING	☐ Travel Guide
	☐ Notebook and Pen/ Moleskin
4-5 Bottoms	Journal
2 Outerwear	Travel Pillow
3 Shoes	Travel Towel
3 Socks	Backpack Waterproof Cover
☐ 10 Underwear	☐ Silk Sleeping Bag Liner
2 Swimwear	☐ Ear Plugs
☐ 1 Sleep Set	☐ Money Belt ☐ 1-2 Small Travel Locks
	☐ Duct Tape
	☐ Travel compressor bags or
SUGGESTED ACCESSORIES	packing cubes
	☐ Bug Repellant
☐ Sunglasses	☐ Waterproof Sunblock
☐ Small Purse	☐ Mini Sewing Kit
Sarong	☐ Headlamp
☐ Bathing Suit	Hand Sanitizer and/or Wet
☐ Waterproof Watch	Wipes
☐ Umbrella	☐ International Plug Adapters
☐ Cheap poncho	
SUGGESTED GADGETS	
☐ Digital Camera	☐ External Hard Drive
☐ E-Reader	Flash Drive
☐ MP3 Player	_
☐ Netbook or Laptop	☐ Chargers☐ Waterproof Bag for Electronic
	Waterproof bay for Leectrofile