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Nothing in this packing ebook is intended to replace common sense, legal, medical, or other professional advice, and is meant to inform and entertain the reader.

FOLLOW THESE 10 STEPS TO LEARN HOW

This is a common packing question and we can help you by breaking it down in the following steps. Click on each of the following items to learn more about each one.

How do I Pack for a Trip with Hot and Cold Weather?

Check out the <u>easy packing solution for trips with both cold</u> and hot climates and plan to layer your clothing as needed.

<u>Keep fabrics in mind</u> – they key to helping you stay warm or fresh while also packing light.

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Consider lightweight clothing such as the ones featured in these <u>cold weather packing tips</u> to minimize the need for bulky sweaters and coats.

This post is also useful to show you <u>how to choose travel</u> <u>clothing</u> especially if your trip is longer than 2 weeks.

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Review this <u>Round the World Packing List</u> for an interchangeable capsule wardrobe that will take you from cold to hot with ease.

Then, watch this video to learn the secret to packing all this clothing into a carry-on size bag.

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Read this packing ebook to help you create the perfect <u>capsule</u> <u>wardrobe</u> for your travels and if you find that you still need help, review this <u>packing course</u> which shows you specific packing modules on traveling in different climates.

Use one of these international packing lists to find clothing ideas to dress appropriately for your destination then use the guidelines from <u>TFG's Signature Packing Lists</u> to help you customize your travel wardrobe.

If you don't see your destination listed, post a question on <u>TFG's</u> <u>Facebook Page</u>.



Don't overpack shoes. Choose ones that match all your clothing and pack no more than 2-4 pairs. Read this 10 step guide to packing the <u>best travel shoes</u> for any trip.

Browse our top <u>travel shoe</u> suggestions based on the footwear most recommended by TFG's readers.

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One of the most important aspects about packing efficiently is using <u>travel organizers</u>.

Watch this packing video to learn <u>how to use packing cubes</u> to maximize space and never check a bag again. These are the top 12 reasons why I prefer <u>packing cubes</u> to other organizers.



If you haven't already purchased your luggage, take a look at the top recommendations for:

- Suitcase Recommendations
- Carry-on Suitcases
- Rolling Duffle Bags
- Travel Backpacks
- Weekender Bags
- Toiletry Bags

Read about <u>how to choose luggage</u> and the <u>best travel</u> <u>backpack</u>.

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For useful tips such as downsizing <u>toiletries</u> and choosing the <u>best travel makeup</u>, visit our <u>Travel Beauty</u> section.

Check weather.com's extended forecast in advance and 3 days before you leave. Think about how many days you will be in warm vs. cold weather.

If you have a <u>10 day trip to Europe</u> and will be spending 7 days in the cold and 3 days in warm weather, plan for 70% of your travel wardrobe to be for cold and 30% to be for the heat.

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Sign up for Travel Fashion Girl's monthly <u>newsletter</u> and get instant access to free packing templates, downloadable checklists, ebooks, and more!



For more help, read our getting started page and...

- Join our <u>Facebook group</u> to ask packing questions.
- Also, read our <u>Facebook page</u> to find answers to similar questions. Don't forget to "like" the page!
- Lastly, for additional visual inspiration, check out our <u>Pinterest page</u> and various clothing ideas.
- For ideas on where to shop, check out our <u>best</u> online shopping sites.

Happy travels!

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Editor of Travel Fashion Girl