

A woman with long brown hair, wearing a straw hat, sunglasses, a blue t-shirt, and denim shorts, is looking at a tablet. She has a colorful patterned bag slung over her shoulder. The background is a travel agency with many brochures on display. A large white circle is overlaid on the image, containing the text.

**10 STEPS
TO PACKING FOR
ANY TRIP**

Disclaimer and Copyright

© 2016 by Travel Fashion Girl LLC All rights reserved worldwide.

Except for the use in any review, the reproduction or utilization of this work in whole or in part in any form by any electronic, mechanical or other means is forbidden without the express permission of the author.

Please note that much of this publication is based on personal experience and anecdotal evidence. Although the author has made every reasonable attempt to achieve complete accuracy of the content in this packing ebook, they assume no responsibility for errors or omissions.

Use this information as you see fit, and at your own risk. Your particular situation may not be exactly suited to the examples illustrated here and is unlikely to be exactly the same. Please adjust your use of the information and recommendations accordingly.

Any trademarks, service marks, product names or named features are assumed to be the property of their respective owners, and are used only for reference. There is no implied endorsement if we use one of these terms.

Nothing in this packing ebook is intended to replace common sense, legal, medical, or other professional advice, and is meant to inform and entertain the reader.

FOLLOW THESE 10 STEPS TO LEARN HOW

This is a common packing question and we can help you by breaking it down in the following steps. Click on each of the following items to learn more about each one.

**How do I Pack for a Trip in Just
One Suitcase?**

1

To master the art of packing light, you'll need to use this key concept to help you pack strategically, efficiently, and even stylishly: a capsule travel wardrobe. Take a look at TFG's [Signature Packing Lists](#) for four unique travel wardrobe suggestions and if you need more help understanding how to mix and match, colors, styling, and essential clothing items, read [Capsule Wardrobe Essentials](#) which will introduce you to the basics.

2

Once you understand the idea of creating a strategic travel wardrobe, review our international [packing lists](#) to get an idea about what type of clothing you need in specific destinations.

If you don't see your destination listed, post a question on [TFG's Facebook Page](#) or search our tips by [continent](#).

3

Choose versatile shoes that match all your clothing and pack no more than 2-4 pairs. In fact, most travelers agree that three is the magic number! Read this 10 step guide to packing the best travel shoes for any trip.

Don't overpack shoes and always prioritize comfort over fashion. Yes, you read correctly. With shoes, comfort beats fashion because if your feet start hurting, you can say goodbye to enjoying the rest of your trip.

Browse our top travel shoe suggestions based on the footwear most recommended by TFG's readers.

4

If it's your first time traveling or you struggle with overpacking, review this packing course which shows you specific techniques to plan for an efficient and highly functional travel wardrobe for any trip.

If you have a complicated itinerary or a trip with to varying weather, you might particularly benefit from reading the course.



5

If you haven't already purchased your luggage, take a look at the top recommendations for:

- [Suitcase Recommendations](#)
- [Carry-on Suitcases](#)
- [Rolling Duffle Bags](#)
- [Travel Backpacks](#)
- [Weekender Bags](#)
- [Toiletry Bags](#)

Read about [how to choose luggage](#) and the [best travel backpack](#).

6

One of the most important aspects about packing efficiently is using [travel organizers](#). Watch this packing video to learn [how to use packing cubes](#) to maximize space and ensure everything fits into one bag every time.

These are the top 12 reasons why I prefer [packing cubes](#) to other organizers.



7

For useful tips such as downsizing toiletries and choosing the best travel makeup, visit our Travel Beauty section.

8

Don't forget to do your research! Determine what activities you will do on your trip to help you pack only the clothing you will use.

It's also important to check the weather forecast for your destination on weather.com or bbc.com/weather several weeks and days before your trip.

9

Reference these 10 step guides on packing by trip length for additional tips:

- [Weekend 2-3 days](#)
- [Vacation under 3 weeks](#)
- [Long Term Travel one month or more](#)

10

Sign up for Travel Fashion Girl's monthly [newsletter](#) and get instant access to free packing templates, downloadable checklists, ebooks, and more!



For more help, read our getting started page and...

- Join our [Facebook group](#) to ask packing questions.
- Also, read our [Facebook page](#) to find answers to similar questions. Don't forget to "like" the page!
- Lastly, for additional visual inspiration, check out our [Pinterest page](#) and various clothing ideas.
- For ideas on where to shop, check out our [best online shopping sites](#).

Happy travels!

Alex

Editor of Travel Fashion Girl