

A young woman with brown hair tied back is sitting on a stone ledge. She is wearing a red cardigan over a black and white striped shirt, blue jeans, and white sneakers. She is smiling and looking down at a map she is holding in her hands. The background is a blurred cityscape with a large stone building.

# 10 STEPS TO PACKING FOR PARIS & ITALY

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Nothing in this packing ebook is intended to replace common sense, legal, medical, or other professional advice, and is meant to inform and entertain the reader.

# **FOLLOW THESE 10 STEPS TO LEARN HOW**

This is a common packing question and we can help you by breaking it down in the following steps. Click on each of the following items to learn more about each one

**I'm Going on a Trip to Paris and  
Italy and Have No Idea  
What to Pack!**

# 1

Planning a trip to Italy can be the dream of a lifetime until you realize you need to plan what to wear. Don't stress! Follow these tips for stress free packing for your dream trip!

Start by reading [what to wear in Paris](#) and [what to wear in Italy](#) our four season packing list that gives you style inspiration and travel wardrobe ideas. For the eternal city, check out [what to wear for Rome!](#)

If you're traveling between May-September, you'll love our ebook on [what to wear in Paris in the summer](#) – look chic in Paris and you'll look good in any part of the world!

# 2

Read these fashion articles for extra style tips: [Paris in Summer](#), [Paris in Winter](#), [How to Dress in Italy](#), [Italy in Summer](#).

For tips on choosing clothing for trips with different climates, please read this [packing guide](#).

Packing well depends on your research. Determine what activities you will do on your trip to help you pack only the clothing you will use. It's very important to check the weather forecast for your destination on [weather.com](#) or [bbc.com/weather](#) several weeks and days before your trip.

### 3

You may also want to review our ultimate [Packing List for Europe](#). This gives you thorough information on wardrobe suggestions by season as well as weather averages for several popular European destinations.

Based on a sample multi-country itinerary it will help you decide how to make your wardrobe relevant to all the stops on your trip.

### 4

To pack most efficiently, this is the most important concept to help you determine what you do and don't need: [a capsule wardrobe](#).

If you feel extremely overwhelmed at the idea of traveling abroad, review this [packing course](#) which shows you specific techniques to plan around limited clothing choices, varying climates, and other unexpected life situations.



# 5

Picking the best shoes for travel to Paris and Italy will be one of your biggest challenges. My biggest piece of advice is to choose function over fashion. Really? Yes! The last thing you want is to allow pulsing, injured, or tired feet prevent you from enjoying the trip of a lifetime.

Read this guide on [choosing travel shoes](#) and browse our top [travel shoe](#) suggestions for Paris and Europe.

Try to find [versatile shoes](#) that will match with all your outfits but make sure at least two of the suggested three pairs of shoes are comfortable. You'll want to rotate between the two.

**Please read these posts for more travel shoe inspiration:**

- [Cute and Comfortable Walking Shoes for Europe](#)
- [6 Parisian Inspired Shoe Trends for Summer](#)
- [Cute and Comfortable Ballet Flats for Travel](#)
- [The Best Travel Shoes for Italy](#)
- [Should I Pack My Heels for Italy](#)
- [Best Shoes for Travel to Europe in Spring and Autumn](#)

# 6

If you haven't already purchased your luggage, take a look at the top recommendations for:

- [Suitcase Recommendations](#)
- [Carry-on Suitcases](#)
- [Rolling Duffle Bags](#)
- [Travel Backpacks](#)
- [Weekender Bags](#)
- [Toiletry Bags](#)

Read about [how to choose luggage](#) and the [best travel backpack](#). Whether you choose wheels or straps for luggage is up to you just make sure you don't have difficulty picking up your bag. From never-ending flights of stairs in train or subway stations to cobblestone streets and hotel hopping you want to move with ease. Find out the [benefits of traveling carry-on only](#).

These are what the experts recommend as the best [suitcase for Europe](#). For safety tips, don't forget to read this post on [how to keep your passport safe while traveling](#).





7

One of the most important aspects about packing efficiently is using [travel organizers](#). This is especially important because you want to make the most of your suitcase space.

Watch this [packing video](#) to learn how to use packing cubes to maximize space and never check a bag again.

These are the top 12 reasons why I prefer [packing cubes](#) to other organizers.

8

Learn how to downsize your [toiletries](#) and try not to bring a lifetime supply of any product. For useful tips such as downsizing toiletries and choosing the best [travel makeup](#), visit our [Travel Beauty](#) section.

# 9

For trips under 3 weeks, take a look at this [vacation guide](#) for more packing tips and for trips 4 weeks or longer, this [packing guide](#) is for you!

# 10

**If you liked this guide, you might also like these other 10 Step Guides:**

- [Packing for Europe](#)
- [Packing for Paris](#)
- [Packing for Italy](#)

Sign up for Travel Fashion Girl's monthly [newsletter](#) and get instant access to free packing templates, downloadable checklists, ebooks, and more!



# For more help, read our getting started page and...

- Join our [Facebook group](#) to ask packing questions.
- Also, read our [Facebook page](#) to find answers to similar questions. Don't forget to "like" the page!
- Lastly, for additional visual inspiration, check out our [Pinterest page](#) and various clothing ideas.
- For ideas on where to shop, check out our [best online shopping sites](#).

Happy travels!

*Alex*

Editor of Travel Fashion Girl